



PART 1: Full Disclosure Agreement

INTRODUCTION

The healthiest relationships are the most honest relationships. When it comes to our relationship with God, most of us edit our conversations with him. We sanitize our emotions because we don't want to offend or anger him. But what if God wants us to be honest with him? What if he values full disclosure over decorum?

DISCUSSION QUESTIONS

1. Talk about one of the closest relationships in your life. What are some of the characteristics of that relationship?
2. What are some things that keep us from being honest with ourselves about who we are and what we feel?
3. In what ways do you tend to edit or sanitize your conversations with God? Why do you think you do that?
4. *"Until we're fully honest with God, we won't experience God fully."* What are some things that stand in the way of you being fully honest with God?
5. Think about your current relationship with God. Do you just *believe in* him or do you *know* him? What would it take for you to move from "believing in" to "knowing"?
6. What is one emotion you're experiencing during this season in life that you need to be honest with God about? What is one thing you can do this week to begin to open up to him? How can this group support you?

MOVING FORWARD

Are you celebrating anything you haven't told God about? Are you angry with God or anyone else? Are you struggling with disappointment? Is there a loss you haven't fully mourned? Be honest with God about it. He already knows what you're experiencing. He just wants your full disclosure because that's how healthy relationships work.

CHANGING YOUR MIND

Come near to God and he will come near to you. Wash your hands, you sinners, and purify your hearts, you double-minded.

James 4:8