



PART 2: When Doubts Swirl

INTRODUCTION

We're all tempted to try to present God with the best possible versions of ourselves . . . even if those versions aren't entirely true to who we are. But God wants our true selves. He invites honesty because it creates the potential for a deeper relationship with him. Until you are fully honest with God, you will not experience God fully. One thing that prevents us from being honest with God is doubt about who he is and what he's promised. But God doesn't want us to bury our doubt or try to ignore it. Instead, he wants it to act as a bridge to a fuller, more life-changing relationship with him.

DISCUSSION QUESTIONS

1. Talk about a time when you doubted yourself in some way. What did you do to try to overcome that doubt? What happened?
2. What do you think are some reasons Christ followers ignore or suppress their doubts about God?
3. Talk about a time when doubt felt like a barrier in your relationship with God. How did you respond?
4. *"Honesty with God creates a relationship strong enough to bear the weight of doubt."* Is that difficult for you to believe? Why or why not?
5. Read Psalm 13:1-6. Does David's degree of honesty in this passage make you uncomfortable? How might your relationship with God be different if you were that honest with him about your doubt?
6. Where are you struggling with doubt and unanswered questions right now? What is one thing you can do to begin to open up to God about that doubt and turn to him in praise? How can this group encourage you?

MOVING FORWARD

Your doubt doesn't have to be a barrier to a relationship with God. It can be a strength instead of a weakness. Being honest with God about your doubt and turning to him in praise bridges gaps in the relationship. Being honest about your doubt tells God what is true about you. Being honest in praise tells God what is true about him.

CHANGING YOUR MIND

*But I trust in your unfailing love;
my heart rejoices in your salvation*

Psalm 13:5