
P A C K Y O U R B A G S

PART 1: NOW AND THEN

INTRODUCTION

Life is full of change. Transitions can be both exciting and stressful. That's because we can't see into the future. We can't tell what comes next. But what if there was a way to prepare for the next season? What if you could do something *now* to influence where you end up *then*?

DISCUSSION QUESTIONS

1. How do you typically respond to change? Does it excite you? Does it stress you out? Do you experience a combination of both excitement and stress?
2. *"There's no necessary correlation between knowing what's next and being prepared for what's next."* Talk about a time when you knew what was coming next, but still found yourself unprepared when the change arrived. What could you have done differently to create a smoother transition?
3. Think about your current season of life. How stressful was your transition into this season? When you were in your previous season, did you do anything to prepare for this season?
4. Read James 1:22-25. Has Scripture ever revealed something about you that you needed to change? If so, what did you do?
5. Is there a piece of wisdom from the Bible that you *know*, but haven't yet *done* anything about? How might your life be different if you began to apply what you know?
6. Whether you're currently in transition or life seems stable, what is one thing you can do now to prepare for the next season? How can this group help you?

MOVING FORWARD

Whether you're currently in a season of change or your life is stable, there's something you can do *now* that will set you up for success *then*. Become a *doer* of God's Word. Apply what you hear. Not only does application make all the difference now, it will prepare you for the future.

CHANGING YOUR MIND

Do not merely listen to the word, and so deceive yourselves. Do what it says.

James 1:22